

## Sweet Crêpes

White flour and slightly sweet.

Nutella	5.75
Nutella & Banana	6.25
Nutella & Strawberry	6.50
Nutella, Strawberry & Banana	7.00
Local Butter & Honey	5.75
Chocolate & Raspberry Preserves	6.50
Dulce de Leche	6.00
Preserves:	5.00
orange marmalade, raspberry, or fig	

## Savory Crêpes

A hearty blend of buckwheat & white flour

Bacon, Egg, & Gruyere	8.75
Sausage, Egg, & Gruyere	8.75
Ham, Egg, & Gruyere	8.25
Egg & Gruyere	7.00
Turkey & Provolone: with a chipotle roasted red pepper mayo	7.75
Lunch: with a dijon mustard mayo	7.75
Spinach & Feta: with lemon pepper & dill	7.25
Smoked Salmon: with lemon & dill crème fraîche, & capers	9.50

## Soup

House made soup	3 / 5
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## Salads

Hummus Platter: house made hummus served with pita, carrots, tomatoes & a side salad	7.50
Caesar Salad: with house made dressing & croutons	6.50
House Salad: mixed greens, cucumbers, tomatoes, & carrots	6.25
Mixed Greens: with tomatoes	4.25
Side house salad	3.25
Side mixed greens	2.25
Side caesar salad	3.25
Add Chicken (fried or seared)	3.00

## Sandwiches

House Special: ham, turkey, provolone, & dijon mustard mayo served with a side of chips	7.50
Fried Chicken Sandwich: fried chicken, sweet hot pickles, dijon mustard mayo, & chipotle roasted red pepper mayo served with a side of chips	8.50
Chicken Salad: local chicken from Pecan Meadow Farm, shallots, grapes, mayo, & tarragon served with a side of chips	8.50

## Beverages

Hot Chocolate: house made with with Belgian dark chocolate	3.00
Café Mocha: our hot chocolate with a shot of espresso	4.00
Espresso: double shot (2oz) of Lavazza	2.00
Cappuccino: double shot of espresso, steamed milk, & froth	3.00
Café Latte: steamed milk with epsresso	3.25
Bombon: equal parts espresso & sweetened condensed milk	2.50
Brewed Coffee (free refills)	2.00
Hot Tea: a variety of Tazo teas	2.00
Iced Tea (free refills)	2.00
Bottled Drinks	2 - 5

## Sweet Treats:

All made in house

French Macarons

Chocolates made in the Belgian & French style

Gelato & Sorbet

Cakes, Cookies, Scones

to name a few

We take Special Orders & we offer  
Catering Options

\*please inform your server of any food allergies/special needs. While we strive to accommodate allergy requests, we cannot 100% guarantee that cross contamination has not occurred

\*\*Consuming raw/undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions

\*\*\*No smoking permitted on the premises (inside/outside)

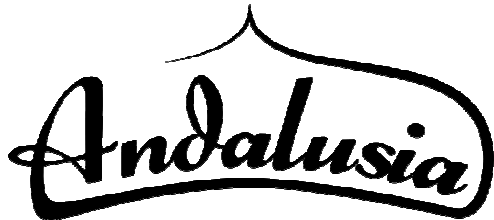
Saturdays Only

We offer a selection of artisan breads & pastries from Philadelphia's Metropolitan, Kaplans, & LeBus

Sundays Only

Bagels from Ressler's Bagels

We have *Catering* options from:



Traditional Spanish  
Cuisine & Bar

26 N. Hanover Street

Carlisle PA 17013

717.462.4141

# CAFÉ BRUGES

Authentic Belgian Cuisine, Beer & Ale

16 N. Pitt Street

Carlisle PA 17013

717.960.0223

# PIATTO

Regional Italian Cuisine & Bar

22 W Pomfret Street

Carlisle PA 17013

717.249.9580

# Taquería Laurita

Authentic Mexican Cuisine

150 West High Street

Carlisle PA 17013

717.386.5099



Helena's Chocolate  
Café & Crêperie

Featuring:

French Crêpes; Sweet & Savory  
Salads, Sandwiches

Espresso Beverages, Classic Desserts,  
Gelato & Macarons

Tuesday - Saturday

7:30am - 9:00pm

Sunday

8am - 2:00pm

36 West High Street

Carlisle, PA 17013

717.254.6453

[www.HelenasCafe.com](http://www.HelenasCafe.com)

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